

## ACHIEVE YOUR GOAL IN 7 DAYS



Day	How to Achieve My Goal	Total
	Start with your own donation of \$50	\$50
	Ask 3 family members to sponsor you for \$25	\$75
	Ask 5 friends to sponsor you for \$20	\$100
	Ask 5 co-workers to sponsor you for \$10	\$50
	Ask 5 neighbours to sponsor you for \$20	\$100
	Ask your boss for a company contribution of \$50 & ask if your company has a corporate matching gift program	\$50
	Ask 3 businesses you frequently visit for \$25 (doctor, dentist, hair stylist, dry cleaner, mechanic, coffee shop, etc.)	\$75
	<b>FUNDRAISING TOTAL</b>	<b>\$ 500</b>